

# Mental Health Initiatives



**MCKENNA**  
INSPIRATION · INFLUENCE · IMPACT

## MENTAL HEALTH TASK FORCE

In 2014, the McKenna Foundation established a Mental Health Task Force with the goal of identifying community needs, gaps in services, and ultimately developing a comprehensive list of funding priorities related to mental and behavioral health. Twenty-nine provider agencies as well as city and county officials participated in the series of meetings, which culminated in a written plan outlining a shared vision, goals and commitments to carry forward the enthusiasm of the initiative.

## MAJOR ACHIEVEMENTS

### COMAL MAP

Inspired by the Mental Health Task Force, Mental Advocacy Partners – Comal (MAP) is both an online and face-to-face resource for those affected by mental health struggles. The partners share resource materials, coordinate services and plan community-wide mental health events. [MAPcomal.org](http://MAPcomal.org) and several social media pages are maintained by the partners spreading a positive message of recovery and working to reduce the stigma associated with mental health struggles.

### Mobile Crisis Outreach Team (MCOT)

Established in 2015, MCOT is a nationally proven, evidence-based program serving our neighbors in crisis by providing a team of mental health professionals to respond and intervene in psychiatric emergencies.

MCOT:

- Operates 24/7/365
- Provides in-person or virtual assessments to anyone in Comal County experiencing suicidal ideation, homicidal ideation, or a general regression in their mental wellness
- Refers to Mental Health Court as appropriate
- Provides continuity of care, referrals, aftercare psychiatry, and expedited admission into clinic services

## BENEFITS OF THESE COLLABORATIONS ON MENTAL HEALTH SYSTEMS

- McKenna Foundation funding provided the opportunities for collaboration, data collection, and service delivery
- Data created and collected supported the development of new and expanded services expanding the safety net across the community
- Partnerships have allowed for increased services, cross-disciplines, and comprehensive resources across critical quality of life needs

## TANGIBLE RESULTS: INCREASED COMMUNITY MENTAL HEALTH SERVICES

Development of Canyon Lake/Spring Branch clinics

HOME street-based outreach services

Next Step Shelter Based Program

Adult and Youth Sequential Intercept Modeling Process

Telehealth services

Jail-Based Mental Health Services

Mental Health Court Established